



RECREATIONAL CLASSES 2010-11

Classes begin Sept. 7th. No classes on the following dates:
 Thanksgiving week Nov. 24-27; Winter Break Dec. 20 – Jan 2;
 President's Day Feb. 21; Spring Break April 2-8; Memorial Day May 30

3318 E Acorn Ln.
 Port Angeles, WA. 98362
 360-457-5187
 www.paathletics.com

Gymnastics Classes

Level I (Beginner)

For students in grades 1-5. Beginning skill instruction on vault, bars, beam, floor and trampoline. 55 minute class

Level II-III (Advanced Beginner)

For students grades 1-5. Advanced beginner and intermediate skills. Skill instruction from bridge kick over to beginning flight skills on floor; must have an unassisted pullover on bars. 85 minute Class.

Tweens and Teens I-III

A Combined Level 1-3 class for Tweens and Teens Grade 5 and older. Beginner through Adv. Beginner skills on all events and trampoline. 85 minute class.

Advanced Tweens and Teens

Girls Grades 5 and above. Intermediate and beyond skills on all events for Tweens and Teens. 2 hour class. A great class for former team members who want to participate without the commitment to competition.

Aerials

A permission program for girls in grades 1-4. 2hrs. 2x/week required.

Tumbling & Trampoline Classes (T&T)

T&T Level 1

Co-Ed classes for grades 1-4. Introduces basic non-flight tumbling skills through walkovers and round-offs, and non-flipping trampoline skills. Includes basic trampoline safety instruction. 55 minute class.

T&T Level 2/Tweens

For students who have completed the TNT 1 curriculum. Introduces flight tumbling and flipping skills. Great for cheerleaders and others who want to learn back handsprings and combination tumbling. 75 minute class.

Monthly Tuition Rates:

| | 1 x week | 2 x week |
|--------------|----------|----------|
| 55 min class | \$46 | \$80 |
| 75 min class | \$58 | |
| 85 min class | \$65 | \$95 |
| 2 hour class | \$75 | \$110 |

\$25 annual registration fee required with first month's tuition.

Sibling Discount for additional family members \$5.00